

Autumn Newsletter 2019

Welcome to Saffron Walden Mencap's Autumn 2019 Newsletter. As we write this, the weather has definitely 'turned' but the Committee definitely made the most of the Summer months organising celebrations, events and activities for everyone to enjoy.



Events of the Summer

April

Hard to believe, but the Side by Side celebrated its 4th Birthday on the 24th April 2019 with a Disco party. The Club meets every Wednesday at the Salvation Army Hall, Abbey Lane from 7.00 p.m. to 9.00 p.m. and Club Leader Steve Lee (07742989418) and Maxine Frazer Club Deputy organise activities, games and film nights which everyone enjoys.



May

On the 15th May 2019 the Side by Side Club met on the Common for a picnic and a photo shoot with photos taken via a drone. Log on to the site:

www.saffronwaldenmencapsociety.co.uk to see the photos and a video of a great evening plus pictures from all our previous events.

We had a Spring Disco on 25th May 2019 at Swards End Village Hall. It's clear Saffron Walden Mencap members love to dance and this evening was no exception!

Events of the Summer cont.

June and July

Overall we had four Canal boat trips, 2 in June and 2 in July. This is going to be a regular event in the Saffron Walden Mencap Calendar as it is always very well subscribed.

Our BBQ/Disco at St.Marks College on 10th August 2019 was a fantastic night. Great food, great dancers and a brilliant Disco from Jezo. Thank you to everyone who made the night go with a swing.



Fundraising Events

The Open Gardens in Clavering on the 19th May 2019 was once again a lovely day. Thank you to those families in Clavering who 'opened' their gardens and for making the day such a success.

On the 8th June 2019 our cake stall outside Boots the Chemist sold out which is no surprise given the delicious cakes people donate.

We were delighted that we had a very successful Street collection on the 6th July 2019 especially as there was a very important football match going on! And the weather was in no way like summer!



Upcoming Events of 2019

- 26th October** Halloween Disco, 6:00 - 9:00pm Swards End Village Hall – It'll be spooky!!
- 18th November** Mencap AGM, 7:30pm at the Kings Arms, Saffron Walden. Everyone welcome.
- 29th November** Late Night Shopping. Details to follow.
- 11th December** Christmas Party, 7:00 – 9.30pm. ***We are having a change of venue and format for our Christmas party this year. Maxine Frazer, Side by Side Deputy is organising the event which will include a Christmas meal and Disco. Free soft drinks will be available. It will be held at the Baptist Church, High Street, Saffron Walden. A letter giving you all the details you need will follow soon.***
- Christmas Raffle** This will be drawn during the evening of the Christmas party on the 11th December. Pat B will be running the Raffle and no doubt will be asking you to buy some Raffle tickets.
- 19th December** Tesco Christmas Collection 9.00 – 6.00 p.m.
- Panto 2020** We will keep you informed about Saffron Walden Panto as soon as we secure tickets.



Saffron Walden Mencap Committee

After many years Jean Sewell decided to stand down as Treasurer. Many thanks to Jean for all her hard work over the years. We are pleased that Jean will remain on the Committee. Bonny White was elected as the new Treasurer at the last Committee meeting and we are very happy to have her on the Committee in this role.

Bailey	Jane	Secretary
Bailey	Patrick	Membership Sec
Capper	Jennifer	
Clark	Richard	
Collis	Katherine	
Cornell	Daphne	
Draper	Patrick	Chairman
Sewell	Jean	
Stratton	Tina	
Lucas	Jacquie	
James-Gillespie	Barbara	
Walbanke	Gerrard	
White	Bonnie	Treasurer

Carers Support Group

This group of parents with sons and daughters living at home meet once a month. They discuss issues and provide support for each other. If you are interested in coming along, please contact Tina Stratton on 01799 599404.



New Feature!

Members Chat Room

If you have any views, comments or ideas you would like to make regarding the Side by Side Club or Saffron Walden Mencap as a whole, we would be delighted to hear from you. Please see phone numbers for Patrick Draper (Chairman) and Jane Bailey (Secretary) at the end of this Newsletter. Alternatively mention any comments you may have to Steve, Maxine or Pat B at the Side by Side Club.

Comments received so far:

Tristan and Stephen hope there will be further canal boat trips. **Feedback:** We fully intend to book again.

Beryl would like to go on another trip like the one we had last year to Woburn. **Feedback:** We have nothing planned at the moment but we may organise something similar next year.



Contact Us

Contact our Chairman Patrick Draper on 07974306917 for any information, help or assistance regarding Saffron Walden Mencap.

Alternatively, you can also contact Jane Bailey on 01799 540700

Don't forget to log in to the website or follow us on Facebook!!

www.saffronwaldenmencapsociety.co.uk

<https://www.facebook.com/SaffronWaldenMencapSociety>